

Resources from The Florida Council on Compulsive Gambling, Inc

Vanessa Fernandez, LMHC, ICGC-II, BACC - Pembroke Pines Office

Resource number: 27868033

A program of: Counseling Services - Outpatient

Description

Ms. Vanessa Fernandez is the Clinical Director of the Clinical & Forensic Institute, Inc., with offices in Pembroke Pines and West Palm Beach, Florida. She is credentialed as a Licensed Clinician in the states of Florida, Indiana, Washington DC, North Carolina and Pennsylvania as well as the U.S. Virgin Islands. She is also International Certified Gambling Counselor Level II and a Board Approved Clinical Consultant. She is fluent in both English and Spanish. After graduating Summa Cum Laude from Florida International University with her masters degree in Counseling Psychology, she has worked with diverse populations including those suffering from co-occurring disorders, substance dependence, HIV/AIDS, gambling disorders, as well as the severe and persistent mentally ill and forensic populations. At the Clinical & Forensic Institute, Inc. (CFI) she has been trained in the assessment and treatment of individuals who perpetrate sexually harmful behavior. She is a member of the National Council on Problem Gambling, the Florida Council on Compulsive Gambling and the Association for the Treatment and Prevention of Sexual Abuse. She operates from a Cognitive-Behavioral and mindfulness-based framework and provides the following services: Individual, Group and Couples counseling, as well as assessment and screening for problematic gambling and treatment, sexual offense specific treatment, mental health treatment, and compulsive behavior intervention.

The Clinical & Forensic Institute, Inc. (CFI) provides a comprehensive array of clinical and forensic psychological services. With expertise in numerous psychological fields of study, CFI offers comprehensive clinical treatment for individuals, families, couples, and groups for various issues including: substance abuse, gambling, sex and pornography addiction, and sexual-offense specific treatment. We also offer a broad range of clinical assessments and psychological testing.

Our staff conducts assessments related to criminal legal proceedings such as competency to stand trial, competency to waive Miranda, mental state at the time of the offense, death penalty mitigation, psycho-sexual evaluations, and sentencing evaluations. We also conduct forensic assessments related to civil legal proceedings such as evaluations to determine if an individual has suffered psychological damages related to a physical injury and psychological effects related to assorted types of victimization.

We at CFI are dedicated to treating you and your loved ones with the respect and dignity that people deserve. Rest assured that if you come to us for your assessment and clinical needs, your specific needs and treatment goals will be addressed in a warm and empathetic manner.

Insurances Accepted: My practice deals primarily with forensic populations. Many of the services offered are not reimbursable via insurance because of criminal/legal matters. As such, we do not have contracts with insurance companies.

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Sliding Scale Fee Policy:

Our sliding scale is based on a discussion with the client about the state of their finances. Financial assessment happens within the first 2 sessions, and we can revisit every 30 days thereafter.

Diagnostic Intake Fee: \$300/hr Normal Rate; reduced to \$250/hr Sliding Scale Rate.

Individual Psychotherapy Session Fee: \$250/hr Normal Rate; reduced to \$200/hr Sliding Scale Rate.

Family/Couples Counseling Fee: \$250/hr Normal Rate; reduced to \$200/hr Sliding Scale Rate.

Telehealth Sessions (via Zoom for Healthcare Prof.) Fee: \$250/hr Normal Rate; reduced to \$200/hr Sliding Scale Rate.
Group Session Fee: \$35/hr - No Reduced Sliding Scale Rate.

Additional Areas of Treatment Offered: Adults, Teens, Elderly, LGBTQ, Latino/Hispanic, Athletes, Sexual Offenders, & Internet Addiction

Phone Numbers

Pembroke Pines Office	(954) 434-8006	West Palm Beach Office	(561) 968-1212
Fax	(954) 434-0147 Pembroke Pines Office		
Website	cfiexperts.com/cfiwp/		
Email	vfernandez@cfiexperts.com		

Site Information

Location	Clinical & Forensic Institute, Inc., 1900 N. University Drive, Suite 210 Pembroke Pines, FL 33024	Mailing Address	Clinical & Forensic Institute, Inc., 1900 N. University Drive, Suite 210 Pembroke Pines, FL 33024
Hours	Mon: 10:00am - 6:00pm; Tue: 10:00am - 6:00pm; Wed: 10:00am - 6:00pm; Thu: 1:00pm - 6:00pm; Fri: 10:00am - 5:00pm;		

Program Information

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Eligibility

Languages Offered English, Spanish, Spanish, English

Payment Options

Fees We are willing to assess the individual clients financial situation on a bi-monthly basis. The sliding scale fees offered represent reduced rates as determined based upon need. The financial assessment happens within the first 2 sessions and can be revisited every 30 days thereafter. We are willing to reflect on pay stubs, debts owed, etc.

Application Process

Documents Required

Normal Wait Time

Capacity

Volunteer Opportunities No

Coverage Areas

FL - Broward County	FL - Palm Beach County - West Palm Beach	NC - Statewide
FL - Miami-Dade County	IN - Statewide	PA - Statewide
		VI - Statewide

Broward